



# MASON COUNTY Community Services List

For Crisis Intervention, Resources and Referrals

## The Crisis Clinic of Thurston and Mason Counties

360.586.2800 or 1.800.627.2211

24 Hours Every Day

Updated: JANUARY 2020

Visit our website at: [www.crisis-clinic.org](http://www.crisis-clinic.org)

360 AREA CODE unless otherwise noted

Washington State 211 (Mon-Fri 9am – 3pm) [www.resourcehouse.com/win211](http://www.resourcehouse.com/win211) 211

### CHILDREN/ YOUTH/ TEENS

Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers) 943-0409  
Boys and Girls Club of North Mason County 362-1855  
Child Care Action Council-Resource & Referral Line 360-754-0810 or 800-446-1114  
Child Protective Services (reports of abuse) 1-866-363-4276  
Children and Parents First (parenting skills/child care) BHR switchboard 704-7170  
Children's Mental Health Program, BHR 704-7170 or 1-800-825-4820  
Division of Children and Family Services, DSHS 432-2050 or 1-888-283-2634  
Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth) 943-0780  
National Runaway Safeline (24 hours) 1-800-786-2929  
Parent to Parent (families caring for someone w/special needs) 352-1126  
South Puget Intertribal Planning Agency - Children & Family Services 426-3990  
Youth Help Line (The Crisis Clinic) (24hrs) 586-2777 or (N. Mason) 1-800-627-2211

### SUBSTANCE USE DISORDER SERVICES

Alcoholics Anonymous (AA) (Alanon & Alateen) (24 hours) 352-7344 or Belfair 275-9868  
Alternatives Professional Counseling (Olympia) 357-7986  
Narcotics Anonymous (NA) (24 hours) 754-4433  
Northwest Resources (Shelton) 426-0890  
Recovery Services (Chemical Dependency Outpatient Program), BHR 704-7170  
Sea Mar Behavioral Health (incl. Spanish speaking services) 704-7590  
Skokomish Tribe Family Services 426-7788  
Alcohol and Chemical Dependency 877-2008 TANF Program 877-2200  
South Sound Clinic (methadone program) (Lacey) 413-6910 or 1-888-764-7243  
The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery) 426-1696  
True North Student Assistance & Treatment Services (Shelton) 427-2050

### COUNSELING / MENTAL HEALTH

Behavioral Health Services (BHR) 426-1696 or 1-800-825-4820  
Community Youth Services (Counseling & Services for At Risk Youth) 943-0780  
Designated Crisis Responders (Involuntary Detention 24 hours) 754-1338 or 1-800-270-0041  
Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) 890-4074  
NAMI Thurston/Mason (an affiliate of the National Alliance on Mental Illness) 493-6021  
Providence St Peter Hospital Psychiatry (Med. Management) No Counseling Services 493-7064  
Sea Mar Behavioral Health (incl. Spanish speaking services) 704-7590  
South Sound Behavioral Hospital 1-844-949-8888  
Squaxin Island Tribe - Mental Health Program 426-1582  
Washington State Problem Gambling Help Line (24 hours) 800-547-6133

### DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services, DSHS (report abuse to vulnerable adults) 664-9061 or 1-877-734-6277  
Arc of WA State (Advocates for Rights of Citizens w/DD) Olympia 357-5596  
Blind, WA State Dept of Services for the 1-800-552-7103  
Deaf & Hard of Hearing Services, WA State Office of 800-422-7930 voice or TTY 902-8000  
Exceptional Foresters (residential support for dev disabled adults) 426-0077  
Gift for Special Children (financial/referral assistance) (24 hours) 427-7058  
Long Term Care Program, CCS (in-home assistance) 427-2230 or 1-800-642-8026  
Shelton School District - Special Services (birth-21 years) 426-2151  
Social Security Information Line (SSI/ Medicare) 1-800-772-1213  
South Sound Parent to Parent (Supporting Parents of Individuals with special needs) 352-1126  
Vocational Rehabilitation, Division of (DVR) 1-800-830-3243  
WA Talking Book & Braille Library 1-800-542-0866

### EDUCATION / LITERACY

CHOICE High School (alternative high school for ages 14-21) 426-7664  
Family Education & Support Services (Parenting Support/Child Dev) 877-813-2828 or 754-7629  
Job Corps (Vocational Ed & life skills training, ages 16-24) 754-3668  
Mason Co Youth Programs (employment for special needs youth, 16 - 22) 426-1200  
Olympic College Shelton (basic college/GED prep/Adult Basic Education) 432-5400  
Sound Learning (tutoring for reading, writing, ESL, GED) 426-9733  
Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF) 596-5401

### EMERGENCY NEEDS

Community Action Council (limited utility assistance) 426-9726  
Community Service Office (CSO), DSHS or 877-501-2233 TDD 1-800-833-6388  
Mason Transit Authority (Dial-A-Ride and bus routes) 427-5033 or 1-800-374-3747  
Mason County Shelter 427-6919  
North Mason Resources (rental assistance, utility assistance and more) 552-2303  
Turning Point (24 hour) 432-1212  
Red Cross (Tacoma) 253-474-0400  
Salvation Army (food, prescriptions):  
First Baptist Church 426-8461  
South Puget Intertribal Planning Agency (assistance for tribal members) 426-3990  
United Way of Mason County 426-4999

### EMPLOYMENT INFORMATION & ASSISTANCE

Mason Co Youth Programs (Employment for special needs youth, 16-22) 426-1200  
South Puget Intertribal Planning Agency (five tribes) 426-3990  
Work Source-(Job Search/Training, Unemployment Comp) 427-2174

### FOOD & NUTRITION

FOOD BANKS: Shelton - Saints Pantry 427-8847  
Hood Canal Food 877-6507

Food Stamps, DSHS - CSO 1-877-501-2233  
Garden Raised Bounty (GRuB) 753-5522  
Senior Nutrition Program (Meals on Wheels) Shelton 426-3697  
Women, Infants, Children (WIC) Nutrition Program (CAC) 426-9726

### HEALTH / HOSPITALS / CLINICS

AIDS Hotline, National 800-344-7432 (Spanish) or 800-243-7889 (TTY)  
Assured Home Health 236-9204  
Hospice 1-800-556-1611  
CHOICE Regional Health Network (low income access to health services) 539-7576  
Dental Clinic, Sea Mar Community Health (low income) 570-8016  
Family Health Hotline 1-800-322-2588  
Franciscan Medical Center, Bremerton 377-3911 Emergency Room: 792-6710  
Health Care Center (walk-in accepted, no Medicare, no Medicaid) 426-9717  
Health Department, Mason County - Personal Health Division: (AIDS Testing, HIV/AIDS, Case Mgmt, Children's Services, Immunization, Maternity Support, Pregnancy Testing, STD Clinic, Vital Records) 427-9670 Ext. 400 N.Mason 275-4467 Ext 400  
Homecare Referral (Agency on Aging) 360-664-3162 Ext. 143 or 1-800-970-5456  
Mason General Hospital Main 426-1611 or N Mason 275-8614  
Medical Assistance (coupons), CSO (DSHS) 1-877-501-2233  
Olympia Free Clinic (call for hours) 890-4074  
Olympia Union Gospel Mission: (Dental/Vision for Uninsured) 943-6400  
Options Pregnancy Clinic (pregnancy counseling/testing, baby supplies) 427-9171  
Paratransit Services (transportation to medical appointments) 1-800-846-5438  
Planned Parenthood (birth control, pregnancy testing, counseling) 1-800-769-0045 or 426-2933  
Poison Center, WA (info for poison/overdose) (24 hrs) V/TDD 1-800-222-1222  
Providence Sound Home Care & Hospice 459-8311 or 1-800-869-7062  
Sea Mar Community Health Center, Medical (low income/Hispanic) 491-1399  
Senior Case Management (Area Agency on Aging) 427-2225  
SHIBA (State Health Ins. Benefit Advisers) Medicare, Sup. Ins. Info 800-562-6900  
Skokomish Indian Tribe - Health Center 426-5755  
Within Reach Family Health Hotline 1-800-322-2588

### HOUSING ASSISTANCE / EMERGENCY SHELTERS

Community Action Council (rental, utilities assistance, WIC) 426-9726  
Crossroads Housing 427-6919  
Bremerton Housing Authority, serves Mason (housing for low-income, disabled, elderly) 373-0420  
Haven House (shelter/crisis center for teens 12-17) 754-1151 or 888-698-1825  
Kitsap Community Resources (shelter) N Mason 377-0053  
Mason County Shelter (emergency shelter) 427-6919  
South Puget Sound Intertribal Planning Agency (tribal housing) 426-3990  
Turning Pointe (domestic violence shelter) 432-1212 or 1-877-923-1212

### SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Child Support Enforcement Office (DSHS) 1-800-345-9964 or 360-664-6900  
CLEAR Hotline (Coordinated. Legal Ed Advice/Referral) 1-888-201-1014  
Consumer Protection Division, (Attorney General, unfair business) 800-551-4636  
Disability Rights Washington (dev disabled, mentally ill) 1-800-562-2702 or 206-324-1521  
Dispute Resolution Center (mediation services) Olympia 956-1155  
Human Rights Commission, WA State 753-6770 or 1-800-233-3247  
Long-Term Care Ombudsman (mediation/advocacy in nursing homes) 800-562-6028 or 943-6018  
Mason Transit Authority 1-800-374-3747 or 427-5033  
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) 352-9716 or 866-343-9716  
Tenant Rights Hotline (Seattle Number) 206-723-0500  
Thurston County Family Justice Center (Family Support Center) 754-9297  
Turning Pointe (domestic violence) 432-1212 (crisis) or 1-877-923-1212  
Victim/Witness Assistance 427-9670 x417 or N. Mason 275-4467 x417

### SENIORS

Adult Protective Services, DSHS (investigates reports of abuse) 877-734-6277  
Area Agency on Aging (info and case management) 427-2225 or 877-227-4696  
Care Connection 586-4491  
Catholic Community Services (Home Care) 1-877-870-1582 586-2960  
Faith in Action (supporting independent living) 275-0535  
Older Adult Services, BHR (counseling/case management) 704-7170 or 800-825-4820  
Paratransit Services of North Mason 800-846-5438 or TTY 1-800-934-5438  
Senior Activities Association (meeting place/lunches) Shelton 426-7374  
Senior Information & Assistance (AAA) 427-2225 x101 or 1-877-227-4696  
SHIBA (State Health Ins. Benefit Advisers) Medicare, Sup. Ins. Info 800-562-6900  
South Sound Care Connection (care coordination) Olympia 586-4491

### SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project (Hispanic/Latino services) 709-0931  
Immigrant Student's Rights (Superintendent's Office) 725-6147  
Mason Veterans Family Assistance Program (Case Management) 426-4546  
National Suicide Lifeline (for Veterans Crisis Line Press 1) (24 hrs) 800-273-TALK (8255)  
Skokomish Indian Tribe - Social & Health Services 426-4232  
Squaxin Island Tribal Center 426-9781  
South Puget Intertribal Planning Agency (social services for five tribes) 426-3990  
Veterans Benefits and Services (WA State) 800-562-2308